ONE-WEEK INTENSIVES

(3-Day) Dance Blitz (Ages 9+)

July 29th – July 31st 10:00-2:00

$170.00
$60 per class

Our 3-Day Dance Blitz is designed for those dancers needing that quick dance intensive.
"Tap Jam, Hip-Hop Craze and Contemporary"
We welcome back Todd Shanks to our guest teachers and welcome Sandi Duncan along with our own WDA faculty Erin McNulty, Mike Camire and Ramiro Vaughan.
Click link to view bios and pic

	Monday		Tuesday		Wednesday	
	Intermediate	Advanced	Intermediate	Advanced	Intermediate	Advanced
10:00-11:15	Tap	Contemporary	Tap	Contemporary	Tap	Contemporary
11:20-12:35	Contemporary	Tap	Contemporary	Tap	Contemporary	Tap
12:45-2:00	Hip-Hop	Hip-Hop	Hip-Hop	Hip-Hop	Hip-Hop	Hip-Hop

(5-Day) Mini Intensive - (Ages 6 - 9)

August 5th – August 9th (10am – 3pm)

$375.00

The Mini Intensive is designed for the serious younger dancer. They will experience ballet, tap, hip hop and jumps & turns. Please bring snacks and water for break times and lunch.

	Monday	Tuesday	Wednesday	Thursday	Friday
10:00-11:00	Tap/Stretch	Tap/Stretch	Tap/Stretch	Tap/Stretch	Tap/Stretch
11:00-12:15	Ballet	Ballet	Ballet	Ballet	Ballet
12:15-1:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00-2:00	Jumps & Turns	Jumps & Turns	Jumps & Turns	Jumps & Turns	Jumps & Turns
2:15-3:00	Hip-Hop	Hip-Hop	Hip-Hop	Hip-Hop	Hip-Hop

The Ballet Intensive (Ages 10 & up)

There will be two age groups – students will be placed in the appropriate level

August 5th – August 9th (8:30am – 4:00pm)

$600.00

The Ballet Intensive is a program designed for serious dance students looking to reach the next level of their technical and artistic ability. As a summer student, you will experience a program completely focused on improving technique and developing your confidence as a dancer. Daily classes include: ballet technique, pointe/pre-pointe, partnering, contemporary, character, conditioning and Limon technique. We are excited to introduce our guest teachers for the week: Adriana Suarez, Gianni DiMarco, Katie Pustizzi, Peter Pawlyshyn, Nick Neagle, Zachery Betty and Assaf Benchetrit. (click link for bios)

Click Link to view bios and pics

Sample schedule below.

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30-9:15	Conditioning	Conditioning	Conditioning	Conditioning	Conditioning
9:20-11:00	Ballet Technique	Ballet Technique	Ballet Technique	Ballet Technique or Hair	Ballet Technique
11:15-12:45	Partnering or Character	Partnering or Character	Partnering or Character	Partnering or Ballet Technique	Partnering or Character
12:45-1:15	Lunch	Lunch	Lunch	Lunch	Lunch
1:15-2:30	Character or Contemporary	Character or Contemporary	Character or Contemporary	Character or Limon Technique	Character or Contemporary
2:45-4:00	Contemporary or Intro to Partnering	Contemporary or Intro to Partnering	Contemporary or Intro to Partnering	Limon Technique or Character	Contemporary or Intro to Partnering

Open Technique Classes

Mondays and Wednesdays
(July 1st – July 24th)
Ages 10+

Ballet Technique
3:45-5:45 (Intermediate Level Dancers)
7:15-9:15 (Advanced Dancers)

$200.00 - 2 days
$100.00 – 1 day

Jumps & Turns
6:00-7:00 (Intermediate Level Dancers)
5:00-6:00 (Advanced Dancers)

$120.00 – 2 days
$60.00 – 1 day

Tap Technique
7:00-8:00 (Intermediate Level Dancers)
6:00-7:00 (Advanced Dancers)

$120.00 – 2 days
$60.00 – 1 day

Full series $395
Class Drop in: (1 hour $18) (2 hour $30)

Ages 6-9
Jazz/Tap/Ballet/Stretch Technique
4:00-6:00

$200 -2 days
$100 – 1 day

ONE-WEEK CAMPS

Princess Camp (4-day)

July 29th -August 1st (10:00am-11:30am)
Ages (2½ – 5)

$85.00

The Princess Camp is for our littlest ones who dream of being a Princess. The camp will play music and incorporate a craft fit for a princess like Cinderella, Ariel, Rapunzel and Elsa & Anna! Please bring a snack for craft time.

Descendants Camp (4-Day)

July 29th – August 1st (11:30am-1:30pm)
Ages (4-8)

$110.00

Our Descendants Camp is for preschoolers through 2nd graders who love the Disney Villains. The camp will play music from the Descendants movies. Dancers will need ballet and tap shoes. Please bring a lunch for craft time.

4-WEEK CAMPS

Hip-Hop
Tuesdays
July 2nd – July 23rd

(Boys only ages 4-7) (4:00pm-5:00pm)
(Ages 6 -10) (5:00pm-6:00pm)
(Ages 11 & up) (6:00pm-7:00pm)

$65.00

Hip-hop dance refers to street dance styles primarily performed to hip-hop music or that have evolved as part of hip-hop culture. It includes a wide range of styles; popping, locking, b-boying, house, krump, and breaking. Students will learn to isolate every body part, learn body control and the breaking down of their own natural movement. The history of various poppin styles and the origin of where krump comes from and what it represents will be taught in the class. Get ready to bring your energy and dedication to the funk of hip-hop.

(Open Tumble)
Tuesdays
July 2nd – July 23rd

Mini Tumble (5:00pm – 6:00pm) - (Ages 3-6)
Beginner/Intermediate (6:00pm -7:00pm) - (Ages 7+)
Advanced (7:00pm – 8:00pm) - (Ages 7+)

$65.00

Tumbling begins with teaching the foundation of form, technique, and strength. Center mat work is done in addition to traveling passes. The class is designed to develop and display strength, balance, and agility. Gymnastics, such as somersaults, rolls, cartwheels, and handsprings, performed without the use of specialized apparatus will be taught. **Level will be determined by WDA.** Get your kids involved in a program that will make them flip!

ADULT SUMMER DANCE

Adult Tap (4-week session)

(July 1st – July 24th)

Mondays – (8:00pm-9:00pm) Beginner/Intermediate
Wednesdays - (8:00pm-9:00pm) Intermediate/Advanced

$ 65.00

Adults need a night out too… Come learn some rhythmic tap moves and have great fun! Strengthen what you know or learn something new. If you ever thought of trying tap, summer is the perfect time and it is **great exercise** too.

Adult Ballet (4-weeks)
(July 1st – July 22nd)
Monday (6:00pm-7:00pm)

$65.00

Come learn the fundamentals of ballet! Ballet class can help with balance and strength and is a great form of exercise.

Adult Jazz/Contemporary (4-week session)
(July 3rd – July 24th)
Wednesdays (7:00pm-8:00pm)

$ 65.00

Jazz dance is a form of dance that is energetic and fun, consisting of unique moves, fancy footwork and strong sharp movements. Contemporary dance is a style of expressive dance that combines elements of several dance genres including modern, jazz, lyrical and classical ballet. Class consists of a thorough warm-up that leads into stretching exercises and then onto across the floor progressions and center combinations. Come have a night out with the adults.

Adult Hip-Hop (4 – week session)
(July 2nd – July 23rd)
Tuesdays (7:00pm-8:00pm)

$65.00

Get ready to bring your energy and dedication to the funk of hip-hop. Students will learn to isolate every body part, learn body control and the breaking down of their own natural movement. The history of various poppin styles and the origin of where krump comes from and what it represents will be taught in the class. Come have a night out with the adults.

We also offer adult fitness, TRX and pilates classes. Check out our website for info and scheduling

Contact Instructor: Lisa Cataldo at corefitness@wilmingtondanceacademy.com or call 978-866-3267